


2025 Spring Flavors + Lucky Charms Product Information

Cold Stone Creamery has listed seven of the top food allergens recommended by the FDA.
The **X** indicates the item contains the specified allergen.

	Allergens						
	Egg	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Ice Cream							
JELL-O® Banana Cream Pudding Ice Cream		X					
Lucky Charms™ Ice Cream		X					
Peanut Butter Ice Cream made with Butterfinger		X	X		X		
Creations™							
Going Bananas for JELL-O® Pudding	X	X			X		X
Ice Cream at the End of the Rainbow™		X					
No One Lays a Finger on my Butterfinger Creation		X	X		X		
Shake							
Sprinkled with Charms™		X					
Mix-ins							
Butterfinger Pieces		X	X		X		
Gold Glitter							
Lucky Charms™ Cereal							
NILLA® Wafers	X	X			X		X
Waffle Products							
Green Waffle Cone or Bowl	X	X					X
Green Waffle Cone or Bowl - Chocolate Dipped	X	X			X		X

Ingredients	
Ice Cream	
JELL-O® Banana Cream Pudding Ice Cream	SWEET CREAM ICE CREAM [Cream, Nonfat Milk, Sugar, Corn Syrup, Whey, contains less than 1% of: Guar Gum, Cellulose Gum, Carrageenan, Mono and Diglycerides, Polysorbate 80, Annatto (color)], BANANA CREAM PUDDING (Sugar, Dextrose, Modified Cornstarch, contains less than 2% of: Disodium Phosphate, Tetrasodium Pyrophosphate, Salt, Artificial Color, Mono and Diglycerides, Natural and Artificial Flavor, Yellow 5, Yellow 6), BANANA.
Lucky Charms™ Ice Cream	SWEET CREAM ICE CREAM [Cream, Nonfat Milk, Sugar, Corn Syrup, Whey, contains less than 1% of: Guar Gum, Cellulose Gum, Carrageenan, Mono and Diglycerides, Polysorbate 80, Annatto (color)], LUCKY CHARMS CEREAL [Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose, contains 2% or less of: Salt, Gelatin, Trisodium Phosphate, FD&C Red #40, FD&C Yellow #5 & #6, FD&C Blue #1, Natural and Artificial Flavor, Vitamin E (to preserve freshness)], FOOD COLOR [Water, Sugar, Glycerine, FD&C Yellow #5, FD&C Blue #1, Modified Food Starch, Carrageenan, Potassium Sorbate (preservative), Xanthan Gum, Citric Acid, Maltodextrin, Dextrose].
Peanut Butter Ice Cream made with Butterfinger	SWEET CREAM ICE CREAM [Cream, Nonfat Milk, Sugar, Corn Syrup, Whey, contains less than 1% of: Guar Gum, Cellulose Gum, Carrageenan, Mono and Diglycerides, Polysorbate 80, Annatto Color], BUTTERFINGER PIECES (Corn Syrup, Sugar, Peanuts, Vegetable Oil (Palm Kernel and Palm Oil), Peanut Flour, Nonfat Milk, less than 2% of Cocoa, Milk, Salt, Soy Lecithin, Natural Flavor, Annatto Color), PEANUT BUTTER [Peanuts, Dextrose, fully Hydrogenated Vegetable Oils (Rapeseed, Cottonseed and Soybean, Salt, Corn Syrup)].

Names are used to describe flavor only and not intended to identify ingredients.

Your health is of utmost concern to us. Please be aware that Cold Stone Creamery® products may contain traces of allergens (egg, milk, peanuts, sesame, soy, tree nuts or wheat) or food sensitivities from a manufacturing facility and preparation on site.


Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Ingredient and Allergen information Cold Stone Creamery® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores.

This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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	Serving weight (g)	Size	Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Total sugars (g)	Added sugars (g)	Protein (g)
Spring Flavors													
Ice Cream													
JELL-O® Banana Cream Pudding Ice Cream	85	Kids	210	10	6	0.0	40	170	26	0	22	18	2
JELL-O Banana Cream Pudding Ice Cream	142	Like It®	340	17	11	0.5	70	280	44	0	37	30	3
JELL-O Banana Cream Pudding Ice Cream	227	Love It®	550	27	17	1.0	110	450	70	0	60	48	5
JELL-O Banana Cream Pudding Ice Cream	340	Gotta Have It®	820	41	26	1.5	165	670	105	1	90	72	8
Peanut Butter Ice Cream made with Butterfinger	85	Kids	230	13	8	0.0	45	85	25	0	20	16	3
Peanut Butter Ice Cream made with Butterfinger	142	Like It	380	22	13	0.5	70	150	42	1	34	27	5
Peanut Butter Ice Cream made with Butterfinger	227	Love It	610	35	20	1.0	115	230	67	1	55	43	8
Peanut Butter Ice Cream made with Butterfinger	340	Gotta Have It	920	52	30	1.5	170	350	101	1	82	65	12
Creations™													
Going Bananas for JELL-O® Pudding	191	Like It	440	22	14	0.5	70	310	59	1	47	35	4
Going Bananas for JELL-O Pudding	313	Love It	710	33	21	1.0	115	510	97	2	75	56	7
Going Bananas for JELL-O Pudding	426	Gotta Have It	990	47	29	1.5	170	730	132	2	105	80	9
No One Lays a Finger on my Butterfinger Creation	174	Like It	500	25	15	0.5	70	220	63	1	49	41	7
No One Lays a Finger on my Butterfinger Creation	285	Love It	820	41	24	1.0	115	370	105	2	81	68	11
No One Lays a Finger on my Butterfinger Creation	398	Gotta Have It	1130	58	34	1.5	170	490	139	2	108	89	15
Mix-in													
Butterfinger Pieces	20	1 serving	90	4	2	0.0	0	60	14	1	8	8	2
NILLA® Wafers	8	(2 cookies)	35	1.5	0	0.0	0	30	5	0	3	3	0
Lucky Charms™													
Ice Cream													
Lucky Charms™ Ice Cream	85	Kids	210	12	7	0.0	45	85	24	0	19	15	3
Lucky Charms Ice Cream	142	Like It	350	19	12	0.5	75	140	40	0	32	25	4
Lucky Charms Ice Cream	227	Love It	560	31	19	1.0	125	230	64	1	52	40	7
Lucky Charms Ice Cream	340	Gotta Have It	840	46	28	1.5	185	350	96	1	77	60	10
Creation™													
Ice Cream at the End of the Rainbow™	164	Like It	430	23	15	0.5	75	210	52	1	39	31	5
Ice Cream at the End of the Rainbow	251	Love It	650	34	22	1.0	125	310	78	1	59	47	8
Ice Cream at the End of the Rainbow	364	Gotta Have It	930	50	31	1.5	185	420	110	2	84	67	11
Shake													
Sprinkled with Charms™	339	Like It	750	40	25	1.0	140	330	88	1	68	52	11
Sprinkled with Charms	542	Love It	1190	64	40	2.0	230	510	139	2	109	82	17
Mix-ins & Waffle Products													
Gold Glitter	0.3	1 serving	0	0	0	0.0	0	0	0	0	0	0	0
Lucky Charms™ Cereal	12	1 serving	45	0.5	0	0.0	0	75	11	1	4	4	1
Green Waffle Cone or Bowl	43	1 each	110	2	0.5	0.0	5	40	21	0	10	9	1

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calories needs vary.

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